**Assignment**

Interview at least one inhabitant of an retirement home per student. Also interview one physiotherapist from the same retirement home (this just needs to be one interview for the entire group).

Make a summary of all the answers and make a beautiful Powerpoint presentation of it. The students will present it on Wednesday January 15th and cannot take longer than 15 minutes.

**Personal**

1. Did the interviewee exercise a lot in the past and what did he do?
2. What was the most important sport in their time?
3. What do they remember as the most important sports moment of their time? (add a clip)
4. Does the interviewee do sports/exercise at the moment?
5. Is the interviewee still able to fully move or does he have a disability?
6. Does the retirement home organize activities for the inhabitants?
7. Does the retirement home have an exercise programme for the inhabitants?
8. What does the inhabitant think about his exercise possibilities? What can be changed?

**Physiotherapist**

1. How many inhabitants from this retirement home do sports?
2. Which sports are facilitated by the retirement home?
3. Is there an exercise programme and what is the content of it?
4. Can the inhabitants of the retirement home still move well? What are their disabilities?
5. What is important for the average inhabitant to keep in mind while moving exercising?
6. What do you, as a student, have to pay attention to when older people are moving/exercising?
7. What is the most common disability for older people?

**Sports for students**

1. Are sports important for you and why?
2. Try to explain what you are experiencing while being injured and are not able to do sports/exercise.
3. What is the most important sports moment for you? (add a clip)
4. Which sports are most popular in your country?